



ADULT CLIENT INTAKE INFORMATION SHEET

Name: First _____ MI _____ Last _____ Age: _____ DOB ____/____/____

Address: _____ Apt. #: _____

City: _____ State _____ Zip _____

Ethnicity: White Black Native American Asian Hispanic Other

Gender: Male Female Social Security Number: _____-_____-_____

Annual Household Income: \$0-\$9,999 \$10,000-\$14,999 \$15,000-\$19,999 \$20,000-\$24,999
 \$25,000-\$49,999 \$50,000 or more Confidential

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Preferred Method for Courtesy Appointment Reminders:

Do not remind me Call to Home Phone Call to Mobile Phone Call to Work Phone

You are responsible for appointments you schedule whether you receive a courtesy call or not.

Emergency Contact: _____ Phone: _____

Marital Status: Single Married Widowed Separated Divorced Domestic Partner

Employment: Employed Unemployed Student Disabled

Occupation: _____ Employer: _____

Were you referred to our office? _____ If yes, by whom? _____

Internet Phone Book Friend or relative Clergy Doctor _____

Responsible Party: (list the name of the person who is financially responsible for your account)

Individual's Name: _____ Phone: _____

Address: _____ City _____ State _____ Zip _____

Primary Insurance Coverage:

Policy holder's Last Name _____ First _____

Birth date: ____/____/____ Sex: M F Relation to client _____

Social Security # _____ - _____ - _____ Employer _____

Insurance Company _____

Policy ID # _____ Group ID# _____

Current Problem: (Describe the problem/s for which you are now seeking help.)

=====

Having read and completed the Personal History form, I hereby declare that the information I have given is correct and complete, to the best of my ability.

Signed: _____ Date: _____

Clinical Intake Information

Client Name: _____

How long have you been experiencing this problem?

What have you done to try to solve this problem?

How successful have your efforts been in solving the problem? Unsuccessful Successful

Have you had any prior counseling? Yes No If yes, please complete the following:

| Counselor | Dates | Nature of Problem |
|-----------|-------|-------------------|
| | | |
| | | |

Other Current Problems (please rate: 0=none, 1=mild, 2=moderate, 3=severe)

- | | | | |
|----------------------|---------------------|-------------------------|-------------------|
| _____ marriage | _____ divorce | _____ alcohol/drug | _____ faith |
| _____ premarital | _____ child custody | _____ addictions | _____ religion |
| _____ singleness | _____ disabled | _____ grief/loss | _____ past hurts |
| _____ sexual issues | _____ work/career | _____ codependency | _____ depression |
| _____ family | _____ school | _____ fear/anxiety | _____ intimacy |
| _____ children | _____ money | _____ anger control | _____ mood swings |
| _____ parents | _____ aging | _____ communications | _____ loneliness |
| _____ in-laws | _____ weight | _____ stress management | _____ distrust |
| _____ hearing voices | _____ aches/pains | _____ seeing things | _____ self esteem |

Critical Stress Information

Have you had thoughts about harming yourself? Yes No

If yes, how recently? _____ How often? _____

Have you had thoughts about harming others? Yes No

If yes, when? _____

Have you experienced any of the following:

Hospitalization or incarceration for suicidal or assaultive behavior

Where Hospitalized? _____ Dates _____

Length of Stay? _____ Reason _____

Homicidal or assaultive thoughts or feelings or anger control problems?

Threats of significant loss or harm (illness, divorce, custody, job loss?)

Clinical Intake Information

Client Name: _____

Personal History

List name, age, sex and relationship of all children:

| Name | Age | Sex | Biological or Step | Living at Home |
|-------|-------|-------|--------------------|----------------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

Marital Status (more than one answer may apply)

___ Single ___ Separated ___ Divorce in Process ___ Unmarried ___ Living together ___ Widowed ___ Annulment

___ Married # of times _____ Length of Time _____

Medical Information

Family Doctor: _____
Name Address Phone

Date of last physical: _____

Describe any medical problems or surgeries:

Are you presently taking any medication? Yes No

| Prescription Medication | Dosage/Frequency | Reason | Physician |
|-------------------------|------------------|--------|-----------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

| Over the Counter Medication | Dosage | Reason |
|-----------------------------|--------|--------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Are you experiencing difficulties or changes in any of the following?

Eating Sleeping Weight Pain Sex Drive

Sexual History (The following questions involve sensitive issues. Please answer if you feel comfortable.)

Sex was an uncomfortable or negative topic in the home in which I grew up Yes No

I have been, or suspect I have been sexually abused Yes No

Sex is unpleasant for me Yes No

Please offer any explanation that would be helpful: _____

Clinical Intake Information

Client Name: _____

Spiritual/Religious

How important are spiritual or religious matters to you? Not Little Some Much

Are you affiliated with a spiritual or church group? Yes No

Would you like your spiritual/religious belief incorporated into your counseling? Yes No

Are you participating in any other spiritual or recovery groups? If so, please list groups attended

Legal

Are you involved in any active case, civil or criminal? Yes No

Are you presently on probation or parole? Yes No

Past History: DWI, DUI: Yes No

Criminal Involvement _____

Education

_____ High School/GED Graduate Last Grade Completed _____

_____ Vocational Technical: Number of years _____

_____ College: Number of years _____ Graduated Yes No Degree: _____

_____ Other Training: _____

Currently Enrolled: _____

Career of Choice: _____

Social Information

Would you say that you have several relationships you enjoy with people outside your family? Yes No

What do you do for recreation and hobbies? How much time do you spend each week?

List community or other organizations (PTA, kid's sports, church groups, etc.) with which you are involved. How much time do you spend in these activities each week?

Please describe your level of physical activity, how long you have participated and the frequency of your participation?

Clinical Intake Information

Client Name: _____

Extended Family History

| Name | Relationship | Living | Describe Relationship | | |
|-------|--------------|--------|-------------------------------|-----------------------------|------------------------------|
| _____ | _____ | _____ | <input type="checkbox"/> Good | <input type="checkbox"/> Ok | <input type="checkbox"/> Bad |
| _____ | _____ | _____ | <input type="checkbox"/> Good | <input type="checkbox"/> Ok | <input type="checkbox"/> Bad |
| _____ | _____ | _____ | <input type="checkbox"/> Good | <input type="checkbox"/> Ok | <input type="checkbox"/> Bad |
| _____ | _____ | _____ | <input type="checkbox"/> Good | <input type="checkbox"/> Ok | <input type="checkbox"/> Bad |

What was the atmosphere in your home while you were growing up? _____

If you were adopted, please describe your current relationship with your birth parents. _____

Has anyone in your immediate family committed suicide? Yes No

If yes, who? _____

Having read and completed the Personal History form, I hereby declare that the information I have given is correct and complete, to the best of my ability.

Signed: _____ Date: _____

(Thank you for taking the time to fill out the Personal History Information Sheet. Your counselor will use it to best assist you in our counseling work. We will maintain your strict confidence regarding this information, subject to the exceptions noted in the Client Information and Consent for Counseling Form.)